



Webinar series: Mental health and our health and care workforce  
PART 1 of 3

**Promoting and protecting the mental well-being of the health and social care workforce;  
From self-care to dedicated support**

*Date* 24 September 2020

*Time* 11:00-12:30 CET

*Venue* Zoom

*Registration link* [https://who.zoom.us/webinar/register/WN\\_xotFKqI1SOayxeXKPbF0sQ](https://who.zoom.us/webinar/register/WN_xotFKqI1SOayxeXKPbF0sQ)

*Language* English

Simultaneous interpretation in Russian and English.

*Any questions?* duquee@who.int

*Background* In the context of the psychological impact of COVID-19 on the health and social care workforce, this webinar will set out a spectrum of practical tools and interventions that can be used by workers or their employers in relation to stress management, psychosocial support and mental health care. The focus will be on how such tools have been rolled out or integrated into the response to COVID-19 outbreaks at local or national level.

**PROGRAMME**

**PART I 11:00-12:00**

Welcome & House Keeping *Maggie Langins, Webinars coordinator, Human Resources for Health Programme, WHO Europe*

Introduction *Dr. Dan Chisholm, Programme Manager, Mental Health Programme, WHO Europe*

Country Experiences:

**SCOTLAND** Developing a national framework to introduce a stepped approach in supporting mental health of the health and care workforce

*Chris Wright, National Advisor for Digital Mental Health, National Health Service Scotland*

**SPAIN** Creating a new workforce: Mental Healthcare Response in Madrid after the first wave of the Covid-19 Pandemic

*Jose L. Ayuso-Mateos, Chairman, Department of Psychiatry, Hospital Universitario de la Princesa, Universidad Autonoma de Madrid & Director, WHO Collaborative Center for Mental Health Services Research and Training*

**UKRAINE** Integrating Mental Health and Psychosocial Support (MHPSS) training package in the Ukraine

*Alisa Ladyk-Bryzghalova, National Professional Officer on Mental Health, WHO Country Office Ukraine*

**ENGLAND** Psychological care and support for frontline clinical staff during the Covid-19 pandemic in Gloucestershire, U.K.

*John Trevains, Director of Nursing, Therapies & Quality and Director of Infection Prevention & Control at Gloucestershire Health and Care NHS Foundation Trust*

**PART II 12:00-12:15**

Reflections on Presentations: *Aiysha Malik, Department of Mental Health and Substance Use, WHO Morgan Lucey, Employee Assistance Programme – National Lead (MIACP), HSE Ireland*

**PART III 12:15-12:30**

Discussion *Q&A with participants*

Closing Remarks *Summing up and information on next webinars*